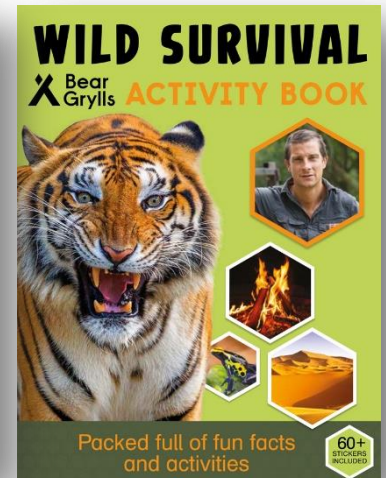
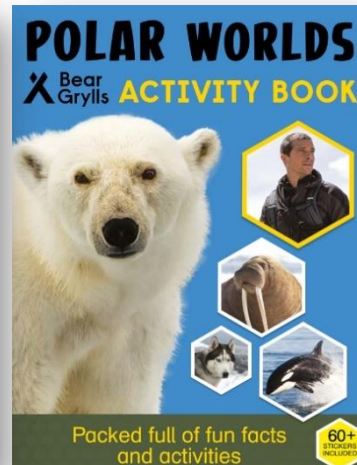
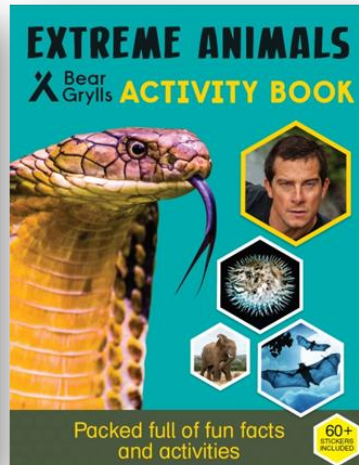
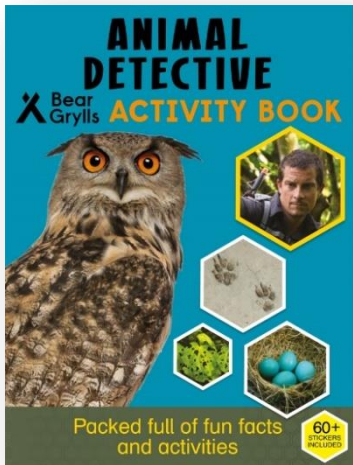


# BEAR GRYLLS ACTIVITY BOOKS

Animal Detective Extreme Animals Polar Worlds  
Wild Survival

Activity | Ages 8+ | Paperback | 8 ½ x 11 | 32 pp + 2 sticker | \$4.99

Detective ISBN: 978-1-61067-756-1 | Extreme Animals ISBN: 978-1-61067-933-6 | Polar ISBN: 978-1-61067-758-5 |  
Survival ISBN: 978-1-61067-759-2



- Includes 60+ stickers.
- Lots of tips from Bear Grylls.
- Filled with fun, unusual facts.
- Packed with exciting activities: mazes, word searches, quizzes and more.

### QUICK QUIZ

What have you learned in this section? Test your knowledge! Read the questions below and circle the correct answers.

1 Arctic terns spend the summer and winter months in the Arctic.  
 TRUE  FALSE

2 Puffins have very dull beaks all year round.  
 TRUE  FALSE

3 Albatrosses sometimes spit a smelly mixture onto predators.  
 TRUE  FALSE

4 Tundra swans are slow swimmers.  
 TRUE  FALSE

5 Male snowy owls are white all over.  
 TRUE  FALSE

### ADAPTABLE ANIMALS

To survive the different seasons of summer and winter, Arctic animals have to adapt. During the white winter months many animals, such as Arctic foxes, grow thick white fur to cope with the extreme cold. The white fur acts as a brilliant camouflage against the white snow, making it difficult for hungry predators to find them. When summer arrives their fur grows thinner and turns a brown color to match the summer landscape.

**BEAR SAYS**  
Arctic foxes have really bushy tails, which they can use as a seat! They curl it around their bodies for warmth during blizzards and while they are sleeping.

Arctic foxes have short ears and legs which stops them losing too much heat. They also have fur on the soles of their feet so that they can walk on the snow and ice without getting too cold—just like wearing slippers! These adaptations mean that they can cope with temperatures as low as -40°F (-40°C). How many Arctic foxes can you spot in the Arctic winter and summer scenes? Find the missing stickers.

Join the dots to reveal the Arctic fox.